

Bridgeport food assistance resources

Food pantries

Blessed Sacrament Church
Thursdays, 7 – 11 am
275 Union Ave.
Open every Thursday except
for the first of the month

Faith Outreach Church
Saturdays, Noon – 2 pm
32 Bond St.
Open every 2nd & 4th
Saturday of the month

Bridgeport Tabernacle
Seventh-Day Adventist
Wednesdays, Noon – 1:30 pm
717 Clinton Ave

Bishop Jean Williams
Tuesdays, 10 am – 2 pm
Wednesdays, Noon – 4 pm
Thursdays, 1 – 6 pm
4 Worth St.
Appointment required
Call 203-873-0260

Veteran's Affairs
Tuesdays & Wednesdays
10 am – 2 pm
752 East Main St.
Open every 3rd Tues. & Wed.
Veterans only

Black Rock
(for residents of 06605)
Saturdays, 9 – 11 am
15 Princeton St.

Thomas Merton House
Mondays, Wednesdays &
Fridays, 10 – 11 am
43 Madison Ave.
Appointment required
Call 203-334-0995

Calvary Seventh-Day Adventist
Sundays, Noon – 1 pm
Thursdays
3 – 6:30 pm
827 Trumbull Ave.

Bethel Memorial Deliverance
Church
Saturdays, 10:30 am - noon
1242 State St.
Clothing is also available

Bridgeport Rescue Mission
Mondays, Wednesdays &
Fridays, 10 am – 3 pm
725 Park Ave.

Nourish Bridgeport
Mondays & Wednesdays,
2 – 6 pm
2200 North Ave.
Appointment required
Call 203-335-3107

King's Pantry
Monday-Thursday,
11 am – 1:30 pm
30 Florence St.

Iglesia Misionera El Olivar
Wednesdays, 9 – 11 am
510 Summit St.

Feed the People
Tuesdays, 5 – 6 pm
301 Bostwick Ave.
Bring photo ID + bag

Spanish Seventh-Day Adventist
Wednesdays, 5 – 6 pm
980 Sylvan Ave.

Feed My Sheep
Wednesdays, 10 am - noon
2771 North Ave.

Fridgeport Community
Refrigerator, Open 24/7
219 James St.

Refuge Temple Church of God
Once monthly on Saturday
Call 203-373-0622 for hours
and to register
3050 Main St.

St. John's Family Center
Saturdays, 10 am – 2 pm
1067 Park Ave.
Every Saturday, except for the
first Saturday of the month

More information

Visit [2-1-1 of Connecticut \(uwc.211ct.org/categorysearch/food/\)](https://www.211ct.org/categorysearch/food/), [CTFoodshare \(ctfoodshare.org/find-help\)](https://ctfoodshare.org/find-help/) for more resources

Contact the Community Health Improvement department at Bridgeport Hospital at 203-200-3719 for more information, including updates

Soup kitchens

Bridgeport Tabernacle Seventh-Day Adventist
Sundays, Noon – 2 pm
717 Clinton Ave.
Every Sunday except the first of the month

Thomas Merton House
Monday – Friday
Breakfast 9 – 10 am
Lunch 11:30 am – noon
43 Madison Ave.

Golden Hill United Methodist Church
Wednesdays
5 – 6 pm
210 Elm St.

St. John's Family Center
Tuesdays
5 – 6 pm
1067 Park Ave.

Food distributions

In partnership with CT Foodshare, the following sites will distribute food biweekly. Details subject to change. Refer to [CT Foodshare](https://ctfoodshare.org/find-help) (ctfoodshare.org/find-help)

Bridgeport Area:
Bridgeport Hospital
200 Mill Hill Ave., Bridgeport

King's Pantry
30 Florence St., Bridgeport

St. Vincent's Medical Center
2800 Main St., Bridgeport

Park City Initiative
910 Fairfield Ave., Bridgeport

Claytor Magnet Academy/
PT Barnum Housing
467 Bird St., Bridgeport

Holy Name of Jesus Church
1950 Barnum Ave., Stratford

Kingdom Life Christian Church
1455 Naugatuck Ave., Milford

Milford food assistance resources

Food pantries

Purple Pantry Boxes
10 Purple Food Pantry boxes located throughout Milford that are stocked with staple items
Visit purplepantryboxes.com

Saint Mary's Church
Monthly food pantry
70 Gulf St.

John Rigley Food Pantry
Contact Department of Human Services for referral
203-783-3253

Department of Human Services
Provides food vouchers to Milford residents in need
Emergency food gift cards, referrals to resources
150 Gulf St.

Saint Gabriel Church
26 Broadway
Church-based food pantry for Milford residents in need
Appointment only
203-878-3075

Milford Senior Center
9 Jepson Drive
Food Bank
Monday – Thursday
10 am – 1:30 pm
Appointment only
203-877-5131

First United Church of Christ
Food pantry one Tuesday per month
34 West Main St.
Appointment only
203-877-4277

The Storehouse Project
Tuesdays and Thursdays
4 – 6 pm
49 Wheelers Farms Rd.
Appointment only
203-490-6674

Milford Christian Church
989 New Haven Ave.
Appointment only
Call 203-874-1233

Joseph's Storehouse
Kingdom Life Church
600 Naugatuck Ave.
Available Monday – Friday
Appointment only
Call 203-878-7729 ext. 32

Lunch / dinner meals

Beth El Center, Inc.
Meals-to-go
Weekdays only
11:30 am – 1 pm
Includes lunch and dinner
90 New Haven Ave.
203-876-0747

Milford Senior Center
Lunch Program
11:30 am or 12:30 pm
Meals are \$3
Breakfast on Wednesday only
To-go available by calling
ahead
9 Jepson Dr.
Call for reservation
203-877-5131, ext. 2106

Mary Taylor Memorial
Methodist United Church
Monthly community supper
Fourth Thursday of the month
5:30 – 6:30 pm
First come, first served
168-176 S. Broad St.
203-874-1982

Saint Peter's Church
Second Thursday of every
month
Grab and go meals
5:30 – 6:30 pm
31 River St.
Call 203-874-8562

The Storehouse Project
Weekly meals to go
Every Monday
349 Wheelers Farms Rd.

Food delivery

First United Church of Christ
Food2Kids Program
Provides free weekend meals
to youth in schools and Boys &
Girls Village
203-258-8182

The Storehouse Project
Mobile food pantry truck
delivers free groceries to
residents of housing projects
and students on college
campuses
203-668-6297

Milford Senior Center
Program - Meals on Wheels
Hot meals delivered 5 days a
week to homebound seniors
203-877-5131

Food distributions

Kingdom Life Christian Church
1455 Naugatuck Ave., Milford

Holy Name of Jesus Church
1950 Barnum Ave., Stratford

More information

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